

Report on Emergency Response Awareness Program.

Date: 21.06.2025

Venue: GDC Pattan

GDC Pattan in collaboration with Civil Defence Baramulla & SDRF J&K organized a program regarding hands-on training and theoretical understanding of several life-saving procedures and methodologies on 21.06.2025. The program was of utmost importance, aimed at sensitizing both faculty and students to essential emergency response techniques and trauma management.

Key Highlights of the Program:

1. Trauma Handling and CPR (Cardio-Pulmonary Resuscitation):

Participants were trained in recognizing and managing traumatic situations, with a strong focus on the correct procedures for administering CPR to restore breathing and circulation in unconscious victims.

2. Management of Bleeding and Trauma:

- Types of Bleeding Control Methods:
- Direct Pressure
- Pressure Points
- Elevation
- Bandaging Techniques
- Practical Tasks:
- Stopping open wounds and closed wounds through hands-on practice.
- Implementation of the DOTS (Deformities, Open wounds, Tenderness, Swelling) and ROTS

(Responsiveness, Oxygenation, Temperature, Skin color) assessment techniques for injury evaluation.

3. Patient Lifting and Evacuation:

- Training in emergency and non-emergency movement of patients, ensuring both the safety of the patient and the responder during evacuation.

4. Fire Safety Demonstration – PASS Method:

A practical demonstration of using a fire extinguisher was conducted using the PASS technique:

- P – Pull the pin
- A – Aim at the base of the fire
- S – Squeeze the handle
- S – Sweep side to side

The program concluded with an interactive session, reinforcing the skills learned and emphasizing the importance of preparedness in handling emergency situations effectively.

Sd/-
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